



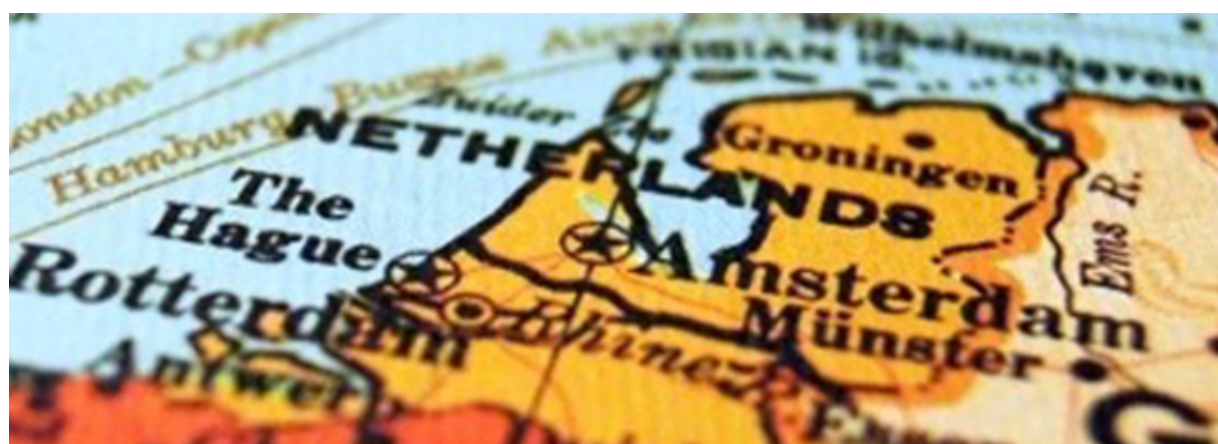
no. 6 - 20 August 2026

Arrived in Amsterdam

Dear **student**,

The sun is shining, students are filling up the campuses and we are excited! Hopefully, you had a safe journey and a smooth start after arriving in Amsterdam. **Please check the Upon Arrival website for all practical information you may need.** Your [study_programme](#) can help you with study-specific matters. We wish you a great start at the UvA!

Find more details at uva.nl/uponarrival →



Register with the municipality

Whether it's Amsterdam, Haarlem or Diemen, as an international student, **you must always register in the municipality where you are going to live.** The BSN number you will receive is needed to open a bank account, visit a doctor or receive hospital treatment. The UvA has made special arrangements with the municipalities of Amsterdam and Diemen to easily register its students.

[Read more how to register →](#)



Student associations

Studying is about much more than just your academic programme. **Each study programme has its own study association**, which organises social events and offers its members discounts on textbooks. You will receive more information about this during your programme's introduction.

You may also be interested in **joining an association that reflects your interests, identity, values or background.** There are plenty to choose from and many like-minded people to meet. In addition, student unions such as [ASVA](#) represent the interests of all students, while organisations such as [ESN](#) support international students. More information can be found [here](#).



Career guidance for now, and for what's next

UvA Student Careers Centre is here **to guide you in your career journey**. Join workshops on application skills, discovering your strengths and finding work in the Netherlands. Explore career tools to sharpen your CV, uncover your skills or practise for interviews. Want personal advice? Book a free one-to-one with a career coach. All career services are free of charge. Find out more at career.uva.nl.

Career events for internationals

Mark your calendars for this academic year's career events that UvA organizes especially for you.

- **12 November 2026: UvA Career Day**

Boost your career skills, gain career insights and have your CV checked and headshot taken.

- **1, 8 & 15 April 2027: UvA Student-Alumni Networking Events**

Connect with international UvA alumni and learn from their career experience in the Netherlands

- **12 April 2027: International Talent Event Amsterdam**

Explore international career options in the Netherlands and build your network at the job fair.

Check [here](#) for more info on each event and sign up for the [career events newsletter](#).



Student Charter and Code of Conduct

The Students' Charter covers various topics that are important to UvA students, including rules and regulations, rights and responsibilities. Find more information about studying in the Netherlands in the [Code of Conduct for International Students in Dutch Higher Education](#).

UvA Students' Charter →



Free sports membership for the rest of 2026: the USC Deal!

[This information only applies to Bachelor students.]

Explore a wide range of sports and meet your fellow students! As a first-year bachelor's student at the UvA, you are eligible for a free membership at USC, the university's sports centre. Try fitness, yoga, kickboxing, basketball, bouldering and much more, seven days a week. Your membership is free until 1 January 2027.

Keep an eye on your email inbox for the code, which you will receive in mid-September.

[Check it out on the USC website](#) →



All information in one place: student.uva.nl

Your studies are about to begin, and you will probably receive a lot of information. At the UvA, there is one website you should remember: **student.uva.nl**. Here, you can **find all the information you need throughout your studies**. You can easily check your timetable and study results, stay up to date with the latest news and discover events you won't want to miss. You can also find answers to your questions and choose to receive push notifications about important updates.



UvA Podcast for International Students

International students Saya (BA Psychology, from Peru) and Juan (MA Biomedical Sciences, from Spain) have created a podcast in which **they share their first-hand experiences** of topics relevant to international students at the UvA. Take a walk through your new surroundings while discovering everything you need to know about studying and student life in Amsterdam in the International Student Podcast!

[Listen on Spotify →](#)



Get 25% Off UvA Merchandise

Start the new academic year in style with UvA merchandise, from hoodies and water bottles to bicycle accessories and study essentials.

UvA students receive **25% off** with a valid student ID:

Online: 24 August - 6 September at uvastore.nl

In store: 31 August - 6 September

Our new UvA Store opens on 31 August. Visit us at:

Roetersstraat 17

1018 WB Amsterdam

UvA students also receive a 20% in-store discount throughout the year.

Don't miss out!

University of Amsterdam

Editors: UvA Student Services. Contact us through the UvA Central Student Service Desk.

You are receiving this newsletter to help you prepare for your study programme at the University of Amsterdam, once every two or three weeks, from June up to the first week of September. Previous editions are available [online](#).

Images: UvA Beeldbank, Unsplash and Freepik.



If you no longer want to receive this newsletter, unsubscribe [here](#).