



UvA Start Newsletter | Special edition - 30 July 2026

Your adventure is about to start!

Dear **student**,

Whether you will be arriving in Amsterdam soon or are already settling in, we want to help you get off to a smooth start.

In this special edition of the Start Newsletter, you will find **important steps to check**.

You can complete these steps in any order. What matters most is that you understand what is expected of you and take action where needed. By following the requirements of the Dutch government and your new municipality, you can avoid delays or other unwanted consequences.

Checklist top 3

Arrange your health insurance

Dutch law requires all international students to have appropriate health insurance for the entire duration of their stay in the Netherlands, starting from the day they arrive. Before travelling, check whether your current insurance covers your full stay and whether it provides sufficient coverage for your needs. You can find more information about health insurance, available options and upcoming webinars on our website.

Aon Student Insurance will host separate webinars for EEA and non-EEA students on **4 August**.

[Find details and sign up for a webinar →](#)

Register with the municipality

If you plan to stay in the Netherlands for more than four months, you must register as a resident with the municipality where you will be living. After registering, you will receive a Dutch citizen service number, known as a BSN. The registration procedure and required documents may vary depending on your municipality. Visit the Upon Arrival page for up-to-date information about where and how to register, what documents to bring and how to prepare for your appointment.

Make sure to bring all required documents in the correct format, including printed copies where necessary.

[Find more information here →](#)

Collect your residence permit (non-EU students only)

The Immigration and Naturalisation Service (IND) is organizing two centralized collection days in Utrecht for students to collect their residence permits: **29 August and 19 September**. Once the IND has informed us that your application has been approved and your residence permit is ready for collection in Utrecht, you will receive an invitation to book a time slot for one of these dates. To participate in one of the centralized collection days, it is important that you provide your biometrics to the IND as soon as possible.

Please check our [Upon Arrival page](#) for further details and updates as more information becomes available.



Upon Arrival page

Visit the Upon Arrival page for practical guidance and all the essential information in our checklist. You will also find details about the **Upon Arrival webinars on 19 and 20 August**, the general introduction programmes and the different ways to contact us.

[Go to uva.nl/uponarrival](https://uva.nl/uponarrival) →

University of Amsterdam

Editors: UvA Student Services. Contact us through the UvA Central Student Service Desk.

You are receiving this newsletter to help you prepare for your study programme at the University of Amsterdam, once every two or three weeks, from June up to the first week of September. Previous editions are available [online](#) (pdf).

Images: UvA Beeldbank and Freepik.



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